

Wild Rocket



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Eruca Vesicaria – Brassica diplotaxis : Rocket is an annual with long deeply lobed, dark green leaves. These leaves have a pleasant peppery, nutty flavour. Rocket leaves and flowers can be added to almost all forms of salad, mixed with other greens.

Rocket is an annual with long deeply lobed, dark green leaves. Rocket grows very fast, and several crops may be raised during Spring and Summer. The younger leaves have a much milder taste than the older ones. Rocket is a common component of the popular “field greens” lettuce mix.