## **Clemson Spineless**



## Clemson Spineless | Ocra

**Abelmoschus esculentus:** Okra is a traditional East-African vegetable. Originally grown in Ethiopia and Egypt, this vegetable as now been grown in the east for hundreds of years and is an important part of Middle and Far Eastern cuisine. The flowers, young leaves and pods are all edible. Okra carries nutritional benefits such as A, B, C, folic acid, calcium, and zinc. Ready for harvest in 55-60 days

## **Specifications:**

Cultivation: Open field

Type: Pre-packer | Loose | Fresh market

Days to maturity: 55 – 65 days

